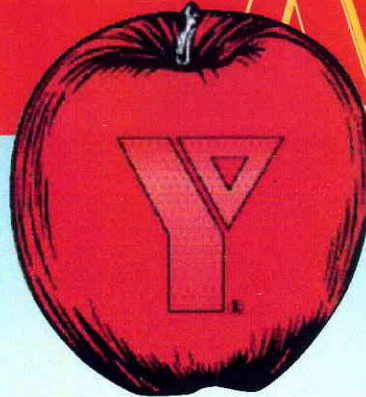


**Join us for our 6th annual celebration!**

# Healthy Active Adults Day at the YMCA

# Adults



**Monday, April 26, 2010**

**9:00am - 1:00pm**

**Kernersville Family YMCA, 1113 West Mountain Street**

Exhibits of products and services for all ages.

**Y** Performances by *Silver Sneakers, Sugar Sticks, Kernersville Senior Idol and Kernersville Lines and More!*

**Y** Free Health Screenings

**Y** Free Food from *LeBleu, Smitty's Grille, Chick-fil-A, Panera Bread and More!*

Bring your medication in a brown bag to be checked by FMC Pharmacy

With any other questions, please call Chris Brady at the Kernersville Family YMCA at (336) 996-2231.

**See you there!**

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**Forsyth** MEDICAL CENTER

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**Hosted by:**

Kernersville Family YMCA

Kernersville Chamber of Commerce